

## Key Points for Virtual Tests

### Video requirements:

**If any of these requirements are not met, the video can and most likely will be rejected!**

- The video must be filmed in landscape orientation (horizontally)
- The video must be filmed at 60 frames per second
- The video must be filmed at HD resolution (720 pixels) or higher
- Date and time must be shown at the beginning of the video by holding up a phone
- Skater must hold up placard at beginning of test (make sure to fill it out first)
- Must be able to see skater from head to toe during entire video

### Documents to submit:

- Performance Affidavit for Virtual Test Submission
- Name and Likeness Release and Consent Agreement (make sure to write the host club's name on the indicated line and sign)
- U.S. Figure Skating Permission Form (if not testing with CFSC)
- Test video (don't forget to rename it as specified in the Virtual Testing Video Recording and Upload Instructions)